All about me ...



It is important that you tell the people at the Children's Hearing how you are feeling. Are you happy with what is happening to you? Do you want things to change?

You can use this form to tell us how you are. Please circle or tick the answer that fits how you are feeling and take the form along to your Hearing. Ask someone to help you fill the form in if you need to.

Name: ..... Date: .....

1. Do you know why you are coming to a Children's Hearing?

✓ X ?

Yes No Bit Unsure

2. How have you been feeling recently?



Happy Sad Not Sure

3. Are you happy with where you are living? If not, what would make it better?



Yes No It's ok

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4. Are you having any problems at school ?

Yes, I would like to talk to someone about it



No, school is good

5. Is there anything else you would like to tell us or ask us ?

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Your rights

You have a right to bring someone along with you to your Hearing to help and support you. If you want to talk to someone before you go along to your Hearing, you can contact the Children's Reporter, or you can talk to a social worker if you have one, or a teacher. Remember, you are the most important person at your Hearing.

