

Flowchart to aid all services in identifying and supporting young carers

For staff:

- Who might be a Young Carer?
- Family dynamics - please always have in mind a caring situation
- GIRFEC principles
- Support school can provide
- Fife Young Carers

For young carer:

- School noticeboard with Young Carers information - What is a Young Carer?
- What support is available
- What to expect if they think they might be a Young Carer
- A safe place to talk about their concerns
- Who the Young Carers School Champion is

A staff member identifies a possible Young Carer.

Young person identifies themselves as a Young Carer.

With permission have a conversation with Named Person / Lead professional.

Identify the most appropriate person to have an initial conversation with the young person. To aid this assessment resource available are Young Carers Profile, MACA 18 'Jobs I do' assessment form and the GIRFEC 5 Key Questions.

The Fife Young Carers can provide information and advice re: young carer assessments.

Not assessed as a Young Carer:

School/service to monitor wellbeing of the young person, record information and action as appropriate.

Assessed as a Young Carer:

- Make the young person aware of who they can go to for support. Appropriate adult from service can check-in as appropriate, if permission given to do so.
- Discuss benefits of completing a young carer statement and process involved. (see statement guidance)
- Log young carer status on electronic stat system with permission

Offer and provide Young Carer Statement or complete if requested by young carer:

- Young Carer is offered a statement. If accepted an appropriate person (identified by young carer) to complete young carer statement using guidelines and record form.
- The statement will help the young carer identify outcomes and support required, who will be providing the support and following up the actions with review timescales.
- Share privacy statement and make sure young person understands their rights and permissions given.

PLEASE USE THE ELIGIBILITY CRITERIA AND CONSIDER ALL OPTIONS FOR SUPPORT

Universal / Additional

Is support in school required?

- Peer or staff Buddy
- Drop-In group
- 1:1
- Adapted timetable
- Staff monitoring - particular attention to transitions, any change of home circumstances
- Signpost to online resources/forums
- Share general information available - 'On Your Doorstep'
- Information and advice - FYC, YCS Alliance websites

Intensive

- **Consider involvement of other appropriate organisations** has permission been given by young person (or parent/guardian if under 12 years) to share their information? For example with Education, Psychology, DAPL, CAMHS, social work.
- Consider where statement feeds into children's plan if appropriate.

Additional

- Authorisation Card - discuss with Fife Young Carers
- Access time for me fund
- Access creative breaks

Additional / Intensive

Consider if referral to Fife Young Carers (FYC) is required:

- If there is a significant impact on the child's wellbeing, please contact FYC to discuss the referral and follow the guidance on the referral form.
- Once a referral is made - FYC will maintain contact with the referrer and encourage the support that is already in place. FYC will Let the referrer know if accepted and explain the reasons if not, sign posting as appropriate.
- Please note a young person 12+ can self-refer to FYC*.